# Delaware Health Care Commission Thursday, June 1, 2017 9:00 AM Delaware Tech Terry Campus Corporate Training Center Rooms 400 A & B 100 Campus Drive, Dover

#### **Meeting Minutes**

**Commission Members Present:** Nancy H. Fan, MD, Chair; Theodore W. Becker, Jr; Richard Heffron; Janice L. Lee, MD; Trinidad Navarro, Commissioner, Department of Insurance (DOI); Edmondo J. Robinson, MD, MBA; Kara Odom Walker, MD, MPH, MSHS, Secretary, Department of Health and Social Services (DHSS)

**Commission Members Absent:** Susan A. Cycyk, M.Ed., Director of Prevention and Behavioral Health Services, Department of Services for Children, Youth and Their Families (DSCYF); Rick Geisenberger, Secretary, Department of Finance; Kathleen Matt, PhD; Dennis Rochford

Staff Attending: Laura Howard, Executive Director; Shebra Hall, Community Relations Officer

#### **CALL TO ORDER**

Laura Howard called the meeting to order at 9:05 AM.

## STATE INNOVATION MODEL (SIM) UPDATE

Ms. Howard provided an update on the CMMI State Innovation Model (SIM) grant and program administration as well as updates on the activities of the Delaware Center for Health Innovation. HCC plans to release Request for Proposals (RFPs) in June for payment reform, and project support for SIM initiatives. Ms. Howard also highlighted results from a survey of clinical providers participating in practice transformation in Delaware.

A list of the upcoming DCHI meetings can be found on the DCHI website: https://www.dehealthinnovation.org/events.

A copy of the full SIM update can be found on the Health Care Commission website: http://dhss.delaware.gov/dhcc/dhcc\_presentations.html

## **MEETING MINUTES APPROVAL - MAY 4, 2017**

Dr. Nancy Fan asked for a vote to approve the May meeting minutes. Ted Becker motioned to approve the minutes and Rich Heffron seconded. Dr. Jan Lee abstained from the vote. Remaining members were in favor of approving the minutes. Motion carried.

## **HEALTH CARE CLAIMS DATABASE (HCCD) UPDATE**

Dr. Jan Lee provided an updated on the Health Care Claims Database (HCCD) and activities of the Delaware Health Information Network (DHIN) Board. Draft HCCD regulations were created to address data collection and data access, and to be presented for public comment in June. The DHIN Board decided to split the regulations to address collection and access separately. The data collection draft regulations will be presented to the public for comment by July 1.

# **MARKETPLACE UPDATE**

Insurance Commissioner Trinidad Navarro offered a response to Aetna's recent exit from the Marketplace Exchange for Plan Year 2018. He stated that because of the uncertainty surrounding the future of the Affordable Care Act (ACA), Aetna pulled out of all state-based Marketplace exchanges, leaving Highmark BCBS the only Marketplace provider in Delaware. This action will effect over 11,000 Delawareans. Comm. Navarro also said that he expects substantial rate increases (ranging 15-25%) from Highmark, and indicated that without Cost Saving Reductions (CSR), consumers will be responsible for paying these higher rates for insurance. Comm. Navarro also discussed the potential ramifications for the country if the Medicaid expansion that resulted from the ACA is cut as well.

Discussion

Pat Maichle (Developmental Disabilities Council) stated that without Medicaid, many of the disabled population would be in high cost institutions, or dead, so expressed concern in keeping this population in the conversation about Medicaid.

Dr. Fan said that consumers who suffer from chronic conditions, but have been able to maintain their health because of Medicaid, are sometimes also forgotten in the Medicaid conversation.

Dr. Lee stated that prior to the ACA, hospitals had programs in place to provide care for the indigent population, however, now hospitals have no means to support care for these patients.

Lolita Lopez (Westside Family Healthcare) shared that ACA has provided funding to Federally Qualified Health Centers (FQHCs) that will end in September, leaving them faced with some hard decisions for the future.

Wayne Smith (Delaware Healthcare Association) added that hospitals have had to face issues of consumers not being able to pay, despite the ACA regulations, which did not solve the problem.

# HEALTH RESOURCES MANAGEMENT PLAN (HRMP) UPDATE

Latoya Wright, (Health Care Commission) provided a brief update on the history and purpose of the Health Resources Management Plan (HRMP), including HRMP revision phases, highlights, and timeline of Health Resources Board (HRB) meetings where revisions were considered. Commission members requested an opportunity to review the most recent public comments before casting a vote. Public comments will be shared with HCC members, and a vote will be scheduled for a future meeting.

A copy of the HRMP Update can be found on the Health Care Commission website: http://dhss.delaware.gov/dhcc/dhcc\_presentations.html

## **HEALTH CARE COSTS AND SPENDING IN DELAWARE**

Secretary Walker led a discussion on health care costs and spending in Delaware. Some of the highlights of this discussion include:

- The cost of health coverage for State employees and Medicaid have increased 42% from FY2010 to FY2016
- Delaware spends more on health care than the national average, and in every category of service, with per capita costs at \$8,480 per person
- Delawareans use emergency rooms slightly more than the national average, and have higher use of inpatient hospital care at the end of life, than the national average

To address health care costs in Delaware, Sec. Walker proposed the adoption of a global health care benchmark, sharing models and examples from other states on value based payment reform, and posed the question about what legislation could possibly look like.

Discussion

Mr. Heffron complimented the Secretary on proposing a structural change to the State budget in an attempt to resolve some of the budget issues. He also added that it is too late to submit this proposal for legislation for this June, however, it is good to start the conversation now so legislators are

prepared in January.

Dr. Robinson suggested despite not being able to get legislation passed right now, we could use the costs of Medicaid and State employee coverage as a starting lever for utilizing a global benchmark model. Sec. Walker asserted that the State is addressing issues in Medicaid, but employee coverage may be a different decision-making process. Dr. Lee added that we can start with some of the less complicated issues, but we have to continue to address systematic change. There was further discussion from Commission members around developing a framework to set some priorities and goals beyond legislation.

Mr. Smith asked the Commission to consider the effective policy decisions and policy goals that have been made that have an impact on per patient costs and other factors that affect health care costs.

Ms. Maichle reiterated the importance of having members of the disabled population a part of the decision making process, included on committees and in the conversations that will likely affect them.

A member of the public asked if the Commission would be open to non-traditional ideas about health insurance mandates. Sec. Walker replied that holistic policy changes to health insurance are made by the State legislature, but DCHI plays a key role in collecting and aggregating stakeholder feedback.

Nick Moriello (Health Insurance Associates) expressed concern over the need to control health care costs here in Delaware, stating that he is anxious to accelerate this work now.

Joann Hasse (League of Women Voters) stated that when measuring the total cost of care, some of the data needs to be broken down, giving the example that costs should be considered for the necessary emergency department visits, versus unnecessary visits; which would give a better light to what it is we need to be addressing.

Julane Armbrister (Delaware Center for Health Innovation (DCHI)) extended an invitation to the public to attend DCHI Board and Committee meetings, which are open to the public.

# **NEW BUSINESS**

Ms. Howard shared that the DHCC has reopened the State Loan Repayment Program (SLRP) and is accepting applications year-round, with the first application deadline on June 30<sup>th</sup>. The DHCC has posted information on the website and is conducting some outreach.

## **PUBLIC COMMENT**

None

# **NEXT MEETING**

The next meeting of the Delaware Health Care Commission is Thursday, July 6, 2017 at 9:00am at Del Tech.

#### **ADJOURN**

Hearing no other business, Dr. Fan adjourned the meeting at 10:48 AM.

#### **GUESTS**

Jennifer Anderson DE Surgery Center

Corinne Armann Rebecca Batson Kidner, PA

Julane ArmbristerDelaware Center for Health InnovationHelen ArthurDelaware Health Care Commission

Shannon Boyer Mid-Atlantic Association of Community Health Centers

Jan Brunory Department of Insurance

Mike Camburn FMP Consulting

Judy ChaconasDivision of Public HealthKathy CollisonDivision of Public HealthMike CordreyAloysius Butler & Clark

Nancy Creighton PRMC
Jim Grant Public

Deborah Hamilton Hamilton Goodman
Joann Hasse League of Women Voters

Siobhan Hawthorne CCHS Sonya Hough Nemours

Kristy Hull DE Surgery Center Richard Kajim DHSS – Telehealth

Brenda Lakeman Office of Management and Budget Lolita Lopez Westside Family Healthcare

Pat Maichle Developmental Disabilities Council

Fleur Mckendell Department of Insurance

George Meldrum Nemours
Reid Millius DPBHS

Nick Moriello Health Insurance Associates

R.W. Munson, Jr.

Alex Parkowski

Frank Pyle

United Medical, LLC

Aloysius Butler & Clark

Department of Insurance

Raphael Rosa Network Delaware

Paula Roy DCSN
Allison Shevock AES
Christine Schultz PGS
Karen Shablin Optum
Wayne Smith DHA

Joanna Suder Department of Justice

Latoya Wright Delaware Health Care Commission